

Team Results	Team						Counters
	Main	Ladies	LVets	Vets	SVets	Elite mm.ss	
Dragons-Aire	688.05	201.86	139.68	307.60	193.15	90.48	31
Harrogate Harriers	963.96	392.54	249.65	481.41	408.85	84.17	66
Ilkley Harriers	634.90	203.82	119.14	306.49	57.71	90.33	13
Knarborough Striders	739.79	243.48	173.14	388.61	76.09	94.05	21
Leeds-Bradford Tri	82.84	0.00	0.00	82.84	0.00	n/c	1
Nidd Valley Road Runners	856.51	277.79	157.11	425.17	259.51	90.50	51
Otley AC	816.57	196.22	135.73	393.38	276.39	87.43	27
Richmond & Zetland Harriers	642.21	262.61	187.49	205.49	0.00	90.02	11
Ripon Runners	933.59	293.26	182.99	478.05	350.08	88.47	63
Skipton AC	358.27	174.29	118.58	71.03	93.68	112.43	9
Swaledale Runners	62.05	42.21	16.75	19.84	36.59	137.56	3
Thirsk and Sowerby Harriers	503.54	145.04	97.20	273.57	148.69	103.15	22
Vocalink Running Club	325.50	146.14	146.14	179.36	0.00	116.01	8
Wetherby Runners	863.27	357.10	153.73	450.19	52.46	88.51	27

Cumulative results after 3 races

	Main	Ladies	LVets	Vets	SVets	Elite mm.ss
Dragon Aire	2226.67	740.33	466.24	1042.06	630.74	274.05
Harrogate Harriers	2902.00	1201.27	757.08	1444.91	1237.37	249.03
Ilkley Harriers AC	2457.85	901.23	514.72	1172.30	402.42	254.40
Knarborough Striders	2441.80	890.06	568.91	1205.43	275.93	278.33
Leeds-Bradford Tri	553.96	222.13	222.13	240.48	0.00	n/c
Nidd Valley Road Runners	2609.48	870.31	505.95	1291.04	860.02	272.32
Otley AC	2492.37	648.27	380.62	1165.70	832.58	265.19
Richmond and Zetland Harriers	1570.42	796.15	565.51	315.61	0.00	281.29
Ripon Runners	2773.45	936.10	550.39	1420.49	1033.75	269.47
Skipton AC	1860.40	636.49	462.65	667.30	407.96	293.44
Swaledale Road Runners	386.61	119.13	51.06	267.48	213.44	392.50
Thirsk and Sowerby Harriers	1930.80	400.25	280.99	1023.66	633.23	294.12
Vocalink Running Club	1273.91	410.43	391.57	687.47	0.00	345.35
Wetherby Runners	2600.86	1074.33	412.28	1360.52	319.88	270.24

Ind

Posn	Time mm.ss	Race #	Name	F? Vet	Club	Points
1	26:34	2215	Robert Little		Ilkley Harriers	100.00
2	26:42	2408	Scott Harrington		Otley AC	99.71
3	27:02	2430	Reece Dalton		Richmond & Zetland Harriers	99.43
4	27:14	2697	Paul Millgate	V40	Wetherby Runners	99.15
5	27:37	2124	Andrew Grant	V45	Harrogate Harriers	98.87
6	27:56	2137	Andrew Dobby	V45	Harrogate Harriers	98.59
7	28:06	2022	Leon Foster		Dragons-Aire	98.31
8	28:44	2167	Timothy Richardson		Harrogate Harriers	98.03
9	28:48	2151	John Young		Harrogate Harriers	97.75
10	28:51	2522	Richard Watson	V45	Ripon Runners	97.46
11	28:57	2302	Adam Kirk		Nidd Valley Road Runners	97.18
12	29:01	2069	Gareth Somerville		Harrogate Harriers	96.90
13	29:09	2098	Mark Bryant	V45	Harrogate Harriers	96.62
14	29:43	2127	Tom Borrowdale		Harrogate Harriers	96.34
15	29:57	2461	Lee Stanley	V40	Ripon Runners	96.06
16	29:59	2518	Derek Mccreadie	V40	Ripon Runners	95.78
17	30:03	2444	Simon Cave	V40	Ripon Runners	95.50
18	30:10	2146	James Mccreanor	V40	Harrogate Harriers	95.21
19	30:13	2407	Tom Midgley		Otley AC	94.93
20	30:17	2300	Matt Wilkinson		Nidd Valley Road Runners	94.65
21	30:19	2717	Joseph Kwallah	V45	Wetherby Runners	94.37
22	30:21	2637	Josh Fothergill	U18	Thirsk and Sowerby Harriers	94.09
23	30:33	2424	David Hack	V40	Richmond & Zetland Harriers	93.81
24	30:35	2154	Tom Harris		Harrogate Harriers	93.53
25	30:35	2521	Alex Fawcett	V50	Ripon Runners	93.25
26	30:46	2230	James Wright		Knaresborough Striders	92.96
27	30:47	2493	James Boddy		Ripon Runners	92.68
28	30:48	2378	Graham Lake	V40	Otley AC	92.40
29	30:53	2099	Paul Richardson	V40	Harrogate Harriers	92.12
30	30:55	2071	Ben Shacklock		Harrogate Harriers	91.84
31	30:56	2505	Jim Berriman		Ripon Runners	91.56
32	31:01	2439	Dave Binks	V45	Ripon Runners	91.28
33	31:05	2363	Tom Lynch		Otley AC	91.00
34	31:14	2452	Ben Imeson	V40	Ripon Runners	90.71
35	31:18	2735	Robert Whittaker	V40	Wetherby Runners	90.43
36	31:20	2021	Richard Walker	V40	Dragons-Aire	90.15
37	31:22	2011	Owain Gwilym		Dragons-Aire	89.87
38	31:26	2155	Paul Stockburn	V60	Harrogate Harriers	89.59
39	31:27	2454	Lenny Lennox	V55	Ripon Runners	89.31
40	31:29	2231	Dan Foley	V40	Knaresborough Striders	89.03
41	31:36	2309	Steff Quinn	V45	Nidd Valley Road Runners	88.75
42	31:37	2303	Martin Lofthouse	V50	Nidd Valley Road Runners	88.46
43	31:42	2517	Mark Ryder		Ripon Runners	88.18
44	31:44	2506	Douglas Scott	V45	Ripon Runners	87.90
45	31:50	2246	Steve Morland	V45	Knaresborough Striders	87.62
46	31:53	2195	Jonathan Turner	V45	Ilkley Harriers	87.34
47	31:58	2729	Emily Legg	F	Wetherby Runners	87.06
48	32:04	2161	Crystal Goecker	F V35	Harrogate Harriers	86.78
49	32:06	2790	Andrew Overend	V40	Ilkley Harriers	86.50
50	32:11	2499	John Chatwin		Ripon Runners	86.21
51	32:16	2357	Andrew Robertshaw	V45	Otley AC	85.93
52	32:27	2429	Donna Ridler	F V40	Richmond & Zetland Harriers	85.65
53	32:30	2102	Adam Prentis	V55	Harrogate Harriers	85.37
54	32:32	2718	Paul Windle	V50	Wetherby Runners	85.09
55	32:37	2073	Geoffrey Hirst		Harrogate Harriers	84.81

Ind

56	32:43	2713	Nils Linstrum		Wetherby Runners	84.53
57	32:44	2270	Nigel Scaife	V45	Nidd Valley Road Runners	84.25
58	32:45	2267	Brian Hainsworth	V40	Nidd Valley Road Runners	83.96
59	32:45	2083	Simon Moffatt	V50	Harrogate Harriers	83.68
60	32:50	2136	Ben Grant	V65	Harrogate Harriers	83.40
61	33:00	2342	Alex Robinson		Nidd Valley Road Runners	83.12
62	33:08	2752	Adam Moger	V40	Leeds-Bradford Tri	82.84
63	33:12	2169	Shamiso Sisimayi	F V35	Harrogate Harriers	82.56
64	33:12	2557	Steve Murray	V45	Ilkley Harriers	82.28
65	33:13	2732	Darren Whiting		Wetherby Runners	82.00
66	33:13	2476	Michael Hernandez	V45	Ripon Runners	81.71
67	33:18	2148	Andrew Collins		Harrogate Harriers	81.43
68	33:24	2711	James Jesson	V40	Wetherby Runners	81.15
69	33:29	2485	Trevor Schofield		Ripon Runners	80.87
70	33:39	2712	Alex Matthewson		Wetherby Runners	80.59
71	33:42	2134	Helen Mercer-Jones	F V35	Harrogate Harriers	80.31
72	33:44	2177	Mark Oakes		Harrogate Harriers	80.03
73	33:45	2308	Jon Easton	V40	Nidd Valley Road Runners	79.75
74	33:48	2527	Paul Layfield		Ripon Runners	79.46
75	33:52	2305	Kevin Dalton		Nidd Valley Road Runners	79.18
76	33:53	2724	Tim Tunnard	V45	Wetherby Runners	78.90
77	33:59	2700	Robert Driver		Wetherby Runners	78.62
78	34:01	2175	Sam Alton		Harrogate Harriers	78.34
79	34:03	2351	John Armitstead	V55	Otley AC	78.06
80	34:04	2720	Paul Wilman		Wetherby Runners	77.78
81	34:05	2004	William Woodhead		Dragons-Aire	77.50
82	34:08	2266	Daniel Eagling	V40	Nidd Valley Road Runners	77.21
83	34:11	2092	Ian Rowbotham	V55	Harrogate Harriers	76.93
84	34:13	2715	Nicky Andrews	F	Wetherby Runners	76.65
85	34:17	2710	Angela Reeve	F V40	Wetherby Runners	76.37
86	34:19	2264	Ian Mitchell	V55	Knaresborough Striders	76.09
87	34:23	2722	Rebecca Normington	F	Wetherby Runners	75.81
88	34:25	2085	Martin Shaw	V45	Harrogate Harriers	75.53
89	34:27	2103	James Wall	V50	Harrogate Harriers	75.25
90	34:28	2278	Edoardo Piano		Nidd Valley Road Runners	74.96
91	34:29	2422	Lewis Moore	U18	Richmond & Zetland Harriers	74.68
92	34:29	2380	Mo Abubakr		Otley AC	74.40
93	34:36	2315	Steve Turner	V45	Nidd Valley Road Runners	74.12
94	34:42	2166	Angus Morgan		Harrogate Harriers	73.84
95	34:44	2114	John Dalby	V60	Harrogate Harriers	73.56
96	34:48	2516	Kari Munro	F V35	Ripon Runners	73.28
97	34:53	2728	Ian Legg	V50	Wetherby Runners	73.00
98	34:54	2117	Charlotte Evans	F V40	Harrogate Harriers	72.71
99	35:03	2618	Robert Burn	V60	Thirsk and Sowerby Harriers	72.43
100	35:04	2726	Jim Buller	V50	Wetherby Runners	72.15
101	35:05	2144	Stewart Lynskey	V55	Harrogate Harriers	71.87
102	35:16	2390	Martin Stringer	V45	Otley AC	71.59
103	35:18	2708	Sean Wright		Wetherby Runners	71.31
104	35:19	2575	Joel Dalby	V40	Skipton AC	71.03
105	35:22	2288	Becky Barron	F	Nidd Valley Road Runners	70.75
106	35:28	2122	Dave Askew	V55	Harrogate Harriers	70.46
107	35:40	2174	Bryony Halcrow	F	Harrogate Harriers	70.18
108	35:42	2095	Stephen Kirk	V45	Harrogate Harriers	69.90
109	35:43	2123	Ken Souyave	V65	Harrogate Harriers	69.62
110	35:44	2160	Adam Couldwell		Harrogate Harriers	69.34
111	35:48	2501	Tony White	V60	Ripon Runners	69.06

Ind

112	35:48	2237	Philip Cornforth	V45	Knaresborough Striders	68.78
113	35:49	2504	Matt Holt	V45	Ripon Runners	68.50
114	35:50	2481	Steve Silver	V50	Ripon Runners	68.21
115	35:52	2226	Sima Lowery	F V40	Knaresborough Striders	67.93
116	35:53	2015	Paul Grindley	V50	Dragons-Aire	67.65
117	35:54	2227	Nicola Carter	F V45	Knaresborough Striders	67.37
118	36:07	2239	Gary Wilkinson	V40	Knaresborough Striders	67.09
119	36:07	2421	Lucy Verrill	F V35	Richmond & Zetland Harriers	66.81
120	36:08	2113	Mark Walker	V55	Harrogate Harriers	66.53
121	36:13	2298	Mike Deacon	V55	Nidd Valley Road Runners	66.25
122	36:18	2240	Sean Brennan	V45	Knaresborough Striders	65.96
123	36:25	2535	Alan Hanson	V55	Ripon Runners	65.68
124	36:25	2354	John Dade	V55	Otley AC	65.40
125	36:26	2138	Nick Andralojc	V55	Harrogate Harriers	65.12
126	36:30	2130	Kevin-Malachy Murphy	V60	Harrogate Harriers	64.84
127	36:42	2128	Steve Woollven	V45	Harrogate Harriers	64.56
128	36:46	2552	Andrew Harker	V55	Ripon Runners	64.28
129	36:46	2738	Peter Allanch	V50	Wetherby Runners	64.00
130	36:47	2087	Shaun Morrison		Harrogate Harriers	63.71
131	36:48	2165	Donald Morgan	V50	Harrogate Harriers	63.43
132	36:49	2371	Sara Elliott	F V45	Otley AC	63.15
133	36:58	2709	Simon Robertson	V40	Wetherby Runners	62.87
134	37:01	2088	Alex Green		Harrogate Harriers	62.59
135	37:04	2480	Gary Wilks	V45	Ripon Runners	62.31
136	37:06	2508	Stuart Pender	V50	Ripon Runners	62.03
137	37:08	2440	Tim Pocock	V55	Ripon Runners	61.75
138	37:13	740	Sam Fugill		Nidd Valley Road Runners	61.46
139	37:14	2207	Catherine Gibbons	F	Ilkley Harriers	61.18
140	37:16	2014	Sally Haigh	F V50	Dragons-Aire	60.90
141	37:18	2428	Kevin Bond	V40	Richmond & Zetland Harriers	60.62
142	37:19	2066	Theresa Oldroyd	F V45	Harrogate Harriers	60.34
143	37:20	2531	Ray Johnstone	V60	Ripon Runners	60.06
144	37:23	2162	Iain Jenkins	V55	Harrogate Harriers	59.78
145	37:30	2554	Lewis Brooks		Ripon Runners	59.50
146	37:34	2344	Phil Robinson	V55	Nidd Valley Road Runners	59.21
147	37:37	2284	Emma Dooley	F V40	Nidd Valley Road Runners	58.93
148	37:44	2415	Charles Booth	U16	Skipton AC	58.65
149	37:45	2393	Paul Clifford	V50	Otley AC	58.37
150	37:46	2509	Jane Grundy	F	Ripon Runners	58.09
151	37:51	2645	Ken Wood	V40	Thirsk and Sowerby Harriers	57.81
152	37:56	2191	Caroline Howe	F V35	Ilkley Harriers	57.53
153	37:59	2488	Neil Dring	V55	Ripon Runners	57.25
154	38:00	2262	Ste Core		Knaresborough Striders	56.96
155	38:05	2674	Alexandra Whapples	F V50	Vocalink Running Club	56.68
156	38:10	2061	Sue Moul	F V50	Harrogate Harriers	56.40
157	38:12	2016	Graham Turner	V40	Dragons-Aire	56.12
158	38:13	2620	David Tervit	V45	Thirsk and Sowerby Harriers	55.84
159	38:19	2294	Jonny Forster		Nidd Valley Road Runners	55.56
160	38:24	2551	Nicky Tschernitz	F V35	Ripon Runners	55.28
161	38:27	2692	Keran Peters	F V50	Vocalink Running Club	55.00
162	38:29	2555	Rob Athey	V45	Harrogate Harriers	54.71
163	38:30	2482	Suzanne Rickard	F V45	Ripon Runners	54.43
164	38:36	2096	Roger Duckworth	V45	Harrogate Harriers	54.15
165	38:41	2051	Graham Burns		Dragons-Aire	53.87
166	38:44	2655	Alan Simpson	V45	Thirsk and Sowerby Harriers	53.59
167	38:48	497	Debra Jenkins	F V55	Nidd Valley Road Runners	53.31

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168	38:55	2433	Chloe Dalton	F	U18	Richmond & Zetland Harriers	53.03
169	38:58	2353	Andrew Webster		V45	Otley AC	52.75
170	38:58	2714	Geoff Lodge		V60	Wetherby Runners	52.46
171	38:59	2547	Nicole Sutton	F	V40	Ripon Runners	52.18
172	39:02	2120	Peter Edwards		V55	Harrogate Harriers	51.90
173	39:03	2198	Geoffrey White			Ilkley Harriers	51.62
174	39:12	2147	Elizabeth Turner	F		Harrogate Harriers	51.34
175	39:13	2434	Garry Malton		V45	Richmond & Zetland Harriers	51.06
176	39:16	2376	Tony Pfeiffer		V60	Otley AC	50.78
177	39:18	2503	Jill Holt	F	V50	Ripon Runners	50.50
178	39:19	2180	Adam Bates			Harrogate Harriers	50.21
179	39:20	2332	Natasha Harrison	F		Nidd Valley Road Runners	49.93
180	39:29	2671	Luke Fitzgerald		V45	Vocalink Running Club	49.65
181	39:30	2698	Peter Costello		V45	Wetherby Runners	49.37
182	39:32	2076	Angela Peace	F		Harrogate Harriers	49.09
183	39:39	2276	Dave Seaman		V70	Nidd Valley Road Runners	48.81
184	39:40	2585	Sue Marshall	F	V55	Skipton AC	48.53
185	39:42	2005	Nick Leathley		V55	Dragons-Aire	48.25
186	39:44	2545	Heather Glegg	F	V45	Ripon Runners	47.96
187	39:50	2319	Damien Hanslip		V50	Nidd Valley Road Runners	47.68
188	39:51	2110	Melanie Rice	F	V45	Harrogate Harriers	47.40
189	39:55	2525	James Stuart-Mills		V50	Ripon Runners	47.12
190	39:59	2787	David Howe		V40	Ilkley Harriers	46.84
191	39:59	2306	Alex Leslie			Nidd Valley Road Runners	46.56
192	40:05	2107	Adrian Murfitt		V45	Harrogate Harriers	46.28
193	40:06	2453	Stan Appleton		V65	Ripon Runners	46.00
194	40:10	2475	Kim Holden	F	V55	Ripon Runners	45.71
195	40:13	2033	Peter Bryant		V50	Dragons-Aire	45.43
196	40:15	2582	Hazel Ives	F	V60	Skipton AC	45.15
197	40:21	2299	Alison Iles	F	V40	Nidd Valley Road Runners	44.87
198	40:22	2285	Sarah Hughan	F	V40	Nidd Valley Road Runners	44.59
199	40:33	2783	Ryan Middleton			Knaresborough Striders	44.31
200	40:34	2691	Greg Shaw		V45	Vocalink Running Club	44.03
201	40:51	2450	Angie Benson	F	V55	Ripon Runners	43.75
202	40:57	2467	Bruce Willoughby		V45	Ripon Runners	43.46
203	40:59	2492	Steve Grange		V55	Ripon Runners	43.18
204	41:02	2639	Clare Tempest	F	V40	Thirsk and Sowerby Harriers	42.90
205	41:06	2115	Mark Seymour		V55	Harrogate Harriers	42.62
206	41:07	2065	Heather Taylor	F	V55	Harrogate Harriers	42.34
207	41:15	2055	Steve Davies		V55	Dragons-Aire	42.06
208	41:17	2436	Helen Cox	F	V45	Ripon Runners	41.78
209	41:18	2365	Stephen Small		V55	Otley AC	41.50
210	41:25	2705	Ann Foster	F	V45	Wetherby Runners	41.21
211	41:28	2568	Hakan Aydin-Osmond		U16	Skipton AC	40.93
212	41:32	2359	Matt Podd		V60	Otley AC	40.65
213	41:35	2086	Tim Bennett		V50	Harrogate Harriers	40.37
214	41:38	2437	Beth Constantine	F	U18	Ripon Runners	40.09
215	41:38	2458	Simon Mccudden		V55	Ripon Runners	39.81
216	41:39	2018	Debbie Bland	F	V60	Dragons-Aire	39.53
217	41:45	2045	Gillian Brown	F	V40	Dragons-Aire	39.25
218	41:53	2386	Ian Broadbent		V45	Otley AC	38.96
219	41:54	2621	David Baker			Thirsk and Sowerby Harriers	38.68
220	41:58	2441	Andy Purl		V45	Ripon Runners	38.40
221	41:59	2589	Hannah Rayner	F		Skipton AC	38.12
222	42:09	2248	Nikki Christie	F	V50	Knaresborough Striders	37.84
223	42:10	2466	Lesley Willoughby	F	V45	Ripon Runners	37.56

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224	42:11	2260	Claire Killingworth	F		Knaresborough Striders	37.28
225	42:13	2358	Phil Robinson		V75	Otley AC	37.00
226	42:21	2352	Carol Armitstead	F	V55	Otley AC	36.71
227	42:24	2111	Sarah Beecher	F	V50	Harrogate Harriers	36.43
228	42:29	2731	Lara Johnson	F	V35	Wetherby Runners	36.15
229	42:30	2368	Laura Hind	F	V35	Otley AC	35.87
230	42:31	2290	Nigel Brereton		V45	Nidd Valley Road Runners	35.59
231	42:34	2158	Richard Burton		V55	Harrogate Harriers	35.31
232	42:36	2423	Pauline Whittaker	F	V50	Richmond & Zetland Harriers	35.03
233	42:36	2687	Neil Warr		V40	Vocalink Running Club	34.75
234	42:39	2684	Louise Jennings	F	V45	Vocalink Running Club	34.46
235	42:45	2199	Stephanie Fox	F	V40	Ilkley Harriers	34.18
236	42:46	2636	Duncan Fothergill		V40	Thirsk and Sowerby Harriers	33.90
237	42:48	2080	Mark Hattersley		V50	Harrogate Harriers	33.62
238	42:51	2370	Joanna Hobson	F	V55	Otley AC	33.34
239	42:51	2784	Lisa Harrison	F	V45	Knaresborough Striders	33.06
240	43:07	2779	Anna Cornforth	F		Knaresborough Striders	32.78
241	43:12	2050	Glyn Smyth		V55	Dragons-Aire	32.50
242	43:14	2534	Anita Oldham	F	V50	Ripon Runners	32.21
243	43:16	2324	Moira McTague	F	V60	Nidd Valley Road Runners	31.93
244	43:29	2478	Jack Hernandez			Ripon Runners	31.65
245	43:33	2776	Tracy Smith	F	V45	Dragons-Aire	31.37
246	43:34	492	Ralph McMullan		V50	Nidd Valley Road Runners	31.09
247	43:35	2058	Jan Davies	F	V55	Dragons-Aire	30.81
248	43:39	2685	Gareth Hardcastle		V40	Vocalink Running Club	30.53
249	43:40	2072	Jenna Nunns	F		Harrogate Harriers	30.25
250	43:42	2367	Colin Best		V60	Otley AC	29.96
251	43:49	2472	Lena Conlin	F	V50	Ripon Runners	29.68
252	43:49	2274	Robert Hill		V70	Nidd Valley Road Runners	29.40
253	43:51	2272	Ian Mcleod		V60	Nidd Valley Road Runners	29.12
254	43:51	2082	Paula Prentis	F	V55	Harrogate Harriers	28.84
255	43:58	2028	Jody Hill	F	V35	Dragons-Aire	28.56
256	44:01	2047	Louise Johnson	F	V35	Dragons-Aire	28.28
257	44:07	2463	Fiona Alder	F	V60	Ripon Runners	28.00
258	44:08	2629	Heather Bell	F	V55	Thirsk and Sowerby Harriers	27.71
259	44:08	2201	Sheena Pickersgill	F	V55	Ilkley Harriers	27.43
260	44:10	2362	Christine Brunold	F	V50	Otley AC	27.15
261	44:10	2043	Agnes Laughton	F	V55	Dragons-Aire	26.87
262	44:15	2651	Faith Coy	F	V45	Thirsk and Sowerby Harriers	26.59
263	44:16	2235	Kez Welsby	F	V50	Knaresborough Striders	26.31
264	44:20	2616	Rosie Gatenby	F	V35	Thirsk and Sowerby Harriers	26.03
265	44:26	2241	Fiona Slight	F	V45	Knaresborough Striders	25.75
266	44:33	2604	Helen Baines	F		Swaledale Runners	25.46
267	44:40	2699	Peter Cooper		V45	Wetherby Runners	25.18
268	44:42	2591	Jan Smith	F	V50	Skipton AC	24.90
269	44:43	2002	Rhonda Neilson	F	V40	Dragons-Aire	24.62
270	45:00	2311	Debbie Dilasser	F	V40	Nidd Valley Road Runners	24.34
271	45:04	2733	Sam Parker		V50	Wetherby Runners	24.06
272	45:10	2093	Jillie Townend	F	V60	Harrogate Harriers	23.78
273	45:15	2196	Diane Kitchen	F	V55	Ilkley Harriers	23.50
274	45:16	2048	Richard Wysocki		V55	Dragons-Aire	23.21
275	45:28	2263	Natalie Hale	F		Knaresborough Striders	22.93
276	45:30	2025	Jenny Mynett	F	V35	Dragons-Aire	22.65
277	45:32	2091	Jane Rowbotham	F	V60	Harrogate Harriers	22.37
278	45:33	2426	Nicola Buckett	F	V45	Richmond & Zetland Harriers	22.09
279	45:42	2634	Trish Radford	F	V60	Thirsk and Sowerby Harriers	21.81

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280	45:47	2623	Phillip Craig			Thirsk and Sowerby Harriers	21.53
281	45:53	2464	Andrea Richardson	F	V45	Ripon Runners	21.25
282	46:00	2292	Gayle Wise	F	V40	Nidd Valley Road Runners	20.96
283	46:06	2653	Lindsay Goom		V40	Thirsk and Sowerby Harriers	20.68
284	46:10	2675	David Whapples		V50	Vocalink Running Club	20.40
285	46:10	2638	Joanne Hunt	F	V45	Thirsk and Sowerby Harriers	20.12
286	46:16	2597	Roger Brisley		V60	Swaledale Runners	19.84
287	46:19	2118	Sue Doughty	F	V50	Harrogate Harriers	19.56
288	46:22	2346	Yvonne Skelton	F	V65	Nidd Valley Road Runners	19.28
289	46:25	2474	Helen Pickard	F	V60	Ripon Runners	19.00
290	46:35	2402	Tom Hannah		V65	Otley AC	18.71
291	46:39	2179	Mark Head		V55	Harrogate Harriers	18.43
292	46:40	2032	Emma Hough	F	V40	Dragons-Aire	18.15
293	46:47	2622	Jill Libby	F	V60	Thirsk and Sowerby Harriers	17.87
294	46:52	2592	Emma Yiu	F	V35	Skipton AC	17.59
295	47:02	2229	Julie Elmes	F	V50	Knaresborough Striders	17.31
296	47:02	2632	Helen Heatlie	F	V35	Thirsk and Sowerby Harriers	17.03
297	47:07	2598	Julia Spittle	F	V60	Swaledale Runners	16.75
298	47:11	2038	Arlene Davies	F	V55	Dragons-Aire	16.46
299	47:15	2553	Alex Nicol	F	V35	Ripon Runners	16.18
300	47:19	2780	Suzy Kerr	F	V40	Knaresborough Striders	15.90
301	47:36	2326	Jane Hill	F	V40	Nidd Valley Road Runners	15.62
302	47:42	759	Ursula Holmes	F	V50	Nidd Valley Road Runners	15.34
303	47:51	2489	Jane Goodwin	F	V45	Ripon Runners	15.06
304	47:57	2556	Helen Phillips	F	V35	Ripon Runners	14.78
305	47:58	2001	Denis Callaghan		V40	Dragons-Aire	14.50
306	48:00	2498	John Grundy		V75	Ripon Runners	14.21
307	48:02	2716	James Upperton			Wetherby Runners	13.93
308	48:07	2345	Colleen Gruenwald	F	V45	Nidd Valley Road Runners	13.65
309	48:15	2593	Sarah Jayne Millington	F	V45	Skipton AC	13.37
310	48:20	2361	Madeleine Delucchi	F	V60	Otley AC	13.09
311	48:21	2350	Michelle Smith	F	V45	Nidd Valley Road Runners	12.81
312	48:26	194	Jane Wilkinson	F	V45	Nidd Valley Road Runners	12.53
313	48:33	2486	Pamela Munro	F	V60	Ripon Runners	12.25
314	48:41	2063	Colin Foster		V60	Harrogate Harriers	11.96
315	49:04	2251	Edna Wood	F	V50	Knaresborough Striders	11.68
316	49:11	2360	Gavin Burton		V40	Otley AC	11.40
317	49:13	2023	Charlotte Willis	F		Dragons-Aire	11.12
318	49:20	2443	Louise Allen	F	V40	Ripon Runners	10.84
319	49:30	2473	Lester Pickard		V60	Ripon Runners	10.56
320	49:45	2007	Amanda Connor	F	V40	Dragons-Aire	10.28
321	49:52	2280	Bec Carman	F	V35	Nidd Valley Road Runners	10.00
322	50:04	2375	David Cattanach		V65	Otley AC	9.71
323	50:11	2316	Joanne Warins	F	V45	Nidd Valley Road Runners	9.43
324	50:12	2293	Amanda Schofield	F	V45	Nidd Valley Road Runners	9.15
325	50:32	2646	Linda Bamford	F	V60	Thirsk and Sowerby Harriers	8.87
326	50:48	2617	Christine Burn	F	V60	Thirsk and Sowerby Harriers	8.59
327	51:02	2039	Andie Willbond	F	V70	Dragons-Aire	8.31
328	51:03	2659	Caroline Pearce	F	V40	Thirsk and Sowerby Harriers	8.03
329	51:06	2343	Fiona Robinson	F	V50	Nidd Valley Road Runners	7.75
330	51:27	2008	Linda Lofthouse	F	V50	Dragons-Aire	7.46
331	52:01	2427	Jane Bond	F	V50	Richmond & Zetland Harriers	7.18
332	52:12	2469	Julie Pratt	F	V50	Ripon Runners	6.90
333	52:46	2470	Wendy Green	F	V45	Ripon Runners	6.62
334	53:03	2455	Karen Lennox	F	V45	Ripon Runners	6.34
335	53:03	2468	Linda Cadman	F	V65	Ripon Runners	6.06

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336	53:15	2019	Cora Dove	F	V45	Dragons-Aire	5.78
337	53:18	2029	Liz Cook	F	V45	Dragons-Aire	5.50
338	53:42	2633	Gillian Crane	F	V65	Thirsk and Sowerby Harriers	5.21
339	54:12	2320	Graham Hyde		V40	Nidd Valley Road Runners	4.93
340	54:18	2374	Bob Payne		V75	Otley AC	4.65
341	54:36	185	Chris Parker	F	V70	Nidd Valley Road Runners	4.37
342	55:30	2329	Sylvia Morten	F	V55	Nidd Valley Road Runners	4.09
343	55:45	2347	Jill Hornsby	F	V60	Nidd Valley Road Runners	3.81
344	56:08	2220	Donald Macrae		V70	Ilkley Harriers	3.53
345	56:09	2792	David Millson		V70	Ilkley Harriers	3.25
346	56:43	2656	Naomi Wood	F	V40	Thirsk and Sowerby Harriers	2.96
347	56:55	1324	Katy Jarrett	F		Nidd Valley Road Runners	2.68
348	56:56	2348	Lianne Coiley	F	V35	Nidd Valley Road Runners	2.40
349	57:09	2291	Clare Simpson	F	V50	Nidd Valley Road Runners	2.12
350	58:22	2456	Maggie Driffield	F	V60	Ripon Runners	1.84
351	58:33	2132	Coralin Harrison	F	V70	Harrogate Harriers	1.56
352	59:41	2413	Chloe Brydon	F		Nidd Valley Road Runners	1.28
353	59:42	2340	Jeff Walker		V55	Nidd Valley Road Runners	1.00