Ilkley - HDSRL

Thursday 27th June starting 7.45pm

Race Venue - Ilkley Rugby Club

Stacks Field, Denton Road, Ilkley LS29 OBZ

Changing and toilets are available on the ground floor.

If parking at the Rugby Club please park as directed by marshals or signs – there is alternative parking available at Ilkley Lido, and on New Brook Street or Middleton Avenue. Please avoid parking on Denton Road to the west of the football field exit, which is the direction the runners will go when leaving the field.

- England Athletics race permit #27245
- Distance 5.1 mile
- Single lap course, predominantly road, with 0.5 mile bridleway, with start and finish on grass.

 The course is the same as used for a number of years, although the start is reverting to the one used prior to 2022, so is back to one lap of the football field before going through the barrier directly onto Denton Road.
- Rugby Club Location from the main traffic lights in the centre of Ilkley go north down the hill (New Brook St parking), over the river bridge and turn right at the first crossroads, the Rugby Club is on the right. 150m further on the left is parking at Ilkley Lido. You can park on the grass at the front of the Lido after you have gone under the barrier. Do not park on the verges on Denton Road or you are likely to get a ticket.
- · Changing and, toilets are available at the Rugby Club
- The race will start on the football field to the West of Middleton Avenue / Denton Road crossroads. Runners will be 'walked out' from the Rugby Club at 7.35pm, 10 minutes before the race starts.
- The course shown below is then Denton Road, Langbar Road, Nesfield Road, up Owler Park Road, bridleway to Myddleton Lodge, Slates Lane, down Carters Lane, along Denton Road, back to finish on the grass around the rugby pitch.
- Please follow all instructions given by marshals and take note of signage. You will be instructed to run on the right with clear signage from around 2.5 miles until 4.5 miles. Do not cross back to the left until instructed by the marshals once inside the 40 mph speed signs. This is for your own safety.
- There are no road closures, so be aware of traffic at all times, also a reminder no headphones or similar devices, (other than those medically prescribed).
- Organising Club Ilkley Harriers. Race Organiser Neil Chapman
- Post-race food provided at the Rugby Club on the 1st floor, where the bar will be open. **NB The bar is Card Only payment**

Ilkley (HDSRL) race route on Thursday 27 June 2024

